



# CODE OF CONDUCT



## PARENTS

**This code of conduct has been created in line with British Gymnastics Policies and safeguarding for children and young people.**

### **Parents should:**

- Familiarise themselves with the club rules and policies to ensure understanding.
- Ensure gymnasts are on time for training sessions and classes. This is to ensure gymnasts undertake a warm up to prepare themselves mentally and physically for their session.
- Respect the decision of the coach if your child is not allowed to participate due to being late. Punctuality rules are in place for the safety of the gymnasts.
- Ensure gymnasts attend classes and sessions in safe and appropriate clothing and comply with the British Gymnastics Association and Links Gymnastics Club policy on jewellery.
- Respect the decision of the coach to manage the behaviour of the gymnasts, which may involve exclusion from an activity if express or implied instructions have not been followed.
- Avoid criticising the knowledge, ability or performance of gymnasts or coaches. There are accepted methods of expressing disapproval, which should be followed.
- Show appreciation and respect for the coaches, officials and volunteers without whom, your child could not participate.
- Ensure all class and training fees, annual membership and competition fees are paid on time and are presented in an appropriate manner, either by cash or cheque in a clearly marked envelope with the child's name, class and reason for payment on the back or by bank transfer through the online system.
- Ensure the club are informed about any change of details, including contact and medical information, particularly any new diagnosis or change of emergency contact details.
- Contact Links Gymnastics by telephone/email if you need to speak to a coach.
- Inform Links Gymnastics by email or letter if your child is going to miss two or more training sessions or classes in a row. If possible, please inform or ask your child to inform their immediate coach as well.

- Ensure that Links Gymnastics is informed in writing should your child no longer wish to participate in the classes at the club.
- Remember that children participate in this sport for their benefit, not yours.
- Focus on the gymnasts efforts and performance rather than the results or winning or losing and try not to draw comparisons with peers.
- Re-enforce the rules of the gym and encourage your child to follow them. The rules are there to help Links Gymnastics run safely and smoothly for the gymnasts.
- Respect and adhere fully to the club's policy regarding filming, videoing and photography.
- Collect gymnasts from class on time and ensure that your collection arrangements are made clear to and understood by your child. To avoid placing children at unnecessary risk, we prefer that all gymnasts are dropped off and collected directly at the door of the gym hall. Gymnasts under 10 years of age MUST be collected in this way.
- Observe and adhere to the club policies regarding social media. Safeguarding is paramount and the responsibility of everyone.

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### **Parents should not:**

- Bring children who you believe are genuinely unwell, particularly if they are suffering from nausea or feeling sick. If you are not sure if they are ok, please stay local for the duration of the class.
- Drop off and leave gymnasts who are late. Accept and respect that the rules about punctuality are there to protect your child and to safeguard the quality of teaching to yours and other participants.
- Enter the training area unless invited to do so or in an emergency.
- Try to attract the attention of coaches or gymnasts during a class unless it is a genuine emergency.

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If you are unhappy with any aspect of the running of the club or with the performance or behaviour of gymnasts or coaches, please express this in one of the following ways:

- By speaking directly to the Lead Coach after the session.
- By speaking directly/ writing to the Director of Links Gymnastics, Anna Linklater.
- By speaking directly/writing to the Clubs Welfare Officer, Chelsea Hammond.

Contact details of the various contacts are available on the website or by contacting [team@linksgymnastics.com](mailto:team@linksgymnastics.com).